

presents the 40th Arts Therapies Forensic Conference

Friday 17th May 2019 - 9.30am to 5.00pm

London NW3 – details and directions will be sent with booking confirmation.

Morning Presentation:

‘Seeing in the Dark’ - Eva Marie Chadwick and Alexandra Martin

“As far as we can discern, the sole purpose of human existence is to kindle a light of meaning in the darkness of mere being.”

— Carl Gustav Jung

This presentation will explore developing methods of practice that are both trauma-informed and creative in approach. This will include an overview of theoretical research as regards the psychological and physiological effects of trauma. Models of practice provide a framework, in which creative methods and tools have been used, in response to working with male patients within a forensic hospital. It will also include the importance of maintaining one’s own creative process as arts therapists, using hand-drawn images that have both illuminated and helped to process the traumatic material, reflected on within peer supervision.

Eva Marie Chadwick is a dramatherapist and clinical supervisor working in a forensic mental health hospital in the private sector. She has trained in the Lifespan Integration method (www.lifespanintegration.com) and uses this in combination with a dramatherapy approach. She provides supervision and reflective practice groups in the hospital, and has a small private practice. Eva Marie has pioneered dramatherapy services within schools for young people with emotional and behavioural difficulties (EBD), Early Intervention in Psychosis service (EIP) and Offenders transitioning into the community. She has a chapter in the forthcoming Arts Therapies and Sexual Offending, due next year.

Alexandra Martin is an Art Therapist with 10 years forensic experience - working with male adults who have complex trauma & offending histories. She facilitates staff reflective practice and is an Art Therapy trained supervisor (London Art Therapy Centre). Alexandra is currently working towards establishing herself as a professional Artist whilst developing private practice & clinical supervision work, and stepping aside from forensic work for a period of time. Alexandra is co-coordinator for BAAT SIG – Complex Trauma, PTSD & Dissociation.

Afternoon presentation:

Group music therapy for post-traumatic stress disorder: How might a pilot trial inform forensic arts therapies provision? - Catherine Carr and Ann Sloboda

In 2008, we conducted a pilot randomised controlled trial of music therapy for patients with enduring post-traumatic stress disorder. This study was with secondary mental health care service users, living in the community. All had been offered cognitive behaviour therapy, but had either been unable to engage or did not respond to this treatment. Index traumas were wide-ranging, with many participants having experienced multiple and complex traumatic events. The pilot trial used mixed methods to explore both potential effectiveness on symptoms of PTSD and the group processes involved for the music therapists and group members. This presentation will give an overview of the study findings, including case examples and relate this to current forensic music therapy research and specific features of work in forensic settings.

Catherine Carr is a music therapist at East London NHS Foundation Trust and research fellow at Queen Mary University of London. She studied music technology at the University of York and qualified as a music therapist from GSMD in 2006. Her clinical work has been in NHS adult and older adult mental health services. Her research focuses upon developing and testing models of arts therapies within such services, using both quantitative and qualitative methods.

Ann Sloboda is Head of Music Therapy at the Guildhall School of Music & Drama. She is a registered psychoanalyst (British Psychoanalytic Council) and music therapist (HCPC). She studied music at Oxford University, and qualified as a music therapist from GSMD in 1985. Between 1985 and 2005 she worked as a music therapist in the NHS, in adult learning disability, eating disorders, general and forensic psychiatry. She has undertaken research in music therapy with PTSD. A past chair of the Association of Professional Music Therapists, she was Head of Arts Therapies at West London Mental Health Trust for 10 years.

FATAG is a voluntary body of Arts Therapists aiming to provide continuous professional development and support for Arts Therapists who work with forensic clients or in secure settings.

Registration to attend the 40th Arts Therapies Forensic Conference

To attend the conference, please complete this form and return it to the address below. The fee is £70.00 and includes lunch and refreshments (£40 for current arts therapy students – please provide proof of student status).

If you have any issues to raise on the day, please write to the address below or email: Fatag1@aol.com.

**Cost of Conference £70.00 including lunch, tea/coffee
Current Arts Therapy Students £40.00**

Confirmation

I would like to attend the 40th Arts Therapies Forensic Conference. (Directions and further details will be sent with your booking confirmation) on Friday 17th May 2019 from 9.30am to 5.00pm and I confirm that I am:

- an Arts Therapist currently working with forensic clients or in a secure setting.
- an Arts Therapist trainee currently on clinical placement in a forensic setting.
- other – please give details. _____

Future Conferences:

I am interested in presenting at a future conference: Full presentation Workshop

Payment

Please send booking form by email to Fatag1@aol.com and payment by online banking for £70.00 (£40 for students), ensuring you use your name as a reference to: FATAG, Sort code: 30-99-21. Account number: 03701749, or by cheque made payable to the 'Forensic Arts Therapies Advisory Group' to the address below.

Special Requirements - Please inform us with your registration of any special requirements, and we will do our best to accommodate you.

Name: _____ Date: _____

Email address: _____ Tel: _____

Job title/Modality: _____ Organisation: _____

Dietary requirement: _____

Special requirements: _____

- Your email address will be included on the list of delegates which is given to all delegates attending the conference. Please tick this box if you do not wish your email address to be listed.**

Please note that we are unable to refund your fee or to transfer your place to another person or another date. A receipt, map, directions and further information will be sent to you when we have processed your booking.

Payment must be made with booking. Receipts will be provided.

F.A.T.A.G. P.O. Box 1257 Cheltenham, Gloucestershire GL50 9YX

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